



**Sisters Unite in Preventing and  
Protecting Ourselves  
by Recovering Together**



**Elgin**  
847-742-3545

**Aurora**  
630-897-1003

## SUPPORT

We recognize the impact of trauma on minority females and the barriers to integrated substance abuse treatment, mental health treatment, HIV prevention, primary healthcare and support services.



We maintain effective, responsible services to all community members and strive to remove any barriers to treatment.

**All services are free of charge  
to eligible minority women.**

**Pregnant women are always  
served with priority.**

## HOW WE CAN HELP

***You are not alone.  
Help is available to you.***

The SUPPORT program offers specialized services to Hispanic, African American and other minority women who are 18 and over and are struggling with alcohol and/or other drug use or have concerns about their mental health and substance use.

Services include:

- Screenings and assessments
- Individual, group and family counseling
- Outpatient and intensive outpatient treatment
- Mental health counseling & psychiatric care
- HIV testing & counseling for women and their partners
- Parenting support and education

**Our goal is to provide the most  
effective treatment in a safe and  
professional environment.**

## GOALS

- Reduce substance abuse and the spread of HIV and hepatitis
- Outreach to women impacted by trauma and provide substance abuse, HIV, and mental health services
- Increase access to culturally sensitive, family centered, trauma informed services
- Provide substance abuse, mental health, HIV and hepatitis prevention, testing and treatment
- Educate and empower minority women to adopt safer sex practices and make informed behavioral health decisions

### **The SUPPORT Program utilizes Evidenced-Based Practices:**

- **Active Parenting Now**
- **Cognitive Behavioral Therapy**
- **Contingency Management**
- **Motivational Interviewing**
- **RESPECT**
- **Seeking Safety**

Program eligibility is open to minority women from Kane, western Cook and western DuPage Counties with services in English and Spanish.

## BENEFITS

### **We Can Help...**

- Gain access to Renz Center, Breaking Free, Community Crisis Center, Mutual Ground, VNA Health Care, and Mental Health Services including Psychiatric Care
- Assist with childcare
- Access transportation assistance
- Provide long term supportive services
- Coordination to medical care
- Test for HIV and Hepatitis
- Provide individual counseling
- Coordination to sexual assault and domestic violence counseling
- Provide access to other supportive services, i.e., GED, public aid, social security, etc.
- Provide employment counseling
- Provide incentives for accomplishing personal goals

### **Other benefits:**

- No waiting list for treatment
- Daytime and evening hours
- Near public transportation

To learn more . . .

**847-742-3545** (Elgin)

or

**630-897-1003** (Aurora)

## COLLABORATION

**The SUPPORT Program is a collaborative project funded by the Substance Abuse Mental Health Service Administration (SAMHSA) through the Federal government.**

Participating agencies include:

- Renz Addiction Counseling Center
- Breaking Free, Inc.
- Community Crisis Center
- Mutual Ground
- VNA Health Care

A caring, experienced team of professionals will help support you through the recovery process:

- Bilingual/bi-cultural counselors
- Bilingual/bi-cultural case managers
- Recovery coaches
- Psychiatrists

### **SUPPORT Program Locations:**

**Renz Center**  
Two American Way, Elgin  
T 847-742-3545 Fax 847-742-3559  
[www.renzcenter.org](http://www.renzcenter.org)

**Breaking Free**  
120 Gale St., Aurora  
T 630-897-1003 Fax 630-897-1042  
[www.breakingfreeinc.org](http://www.breakingfreeinc.org)